



COMPLETE TRIAL

A randomized, comparative effectiveness study of complete versus culprit-only revascularization strategies to treat multivessel disease after early percutaneous coronary intervention for ST-segment elevation myocardial infarction

OFFICIAL SLIDE KIT
Version Oct 23, 2019



**Population Health
Research Institute**
HEALTH THROUGH KNOWLEDGE



Disclosures

The COMPLETE Trial was funded by the Canadian Institutes of Health Research and the Population Health Research Institute with additional unrestricted grants from AstraZeneca and Boston Scientific.

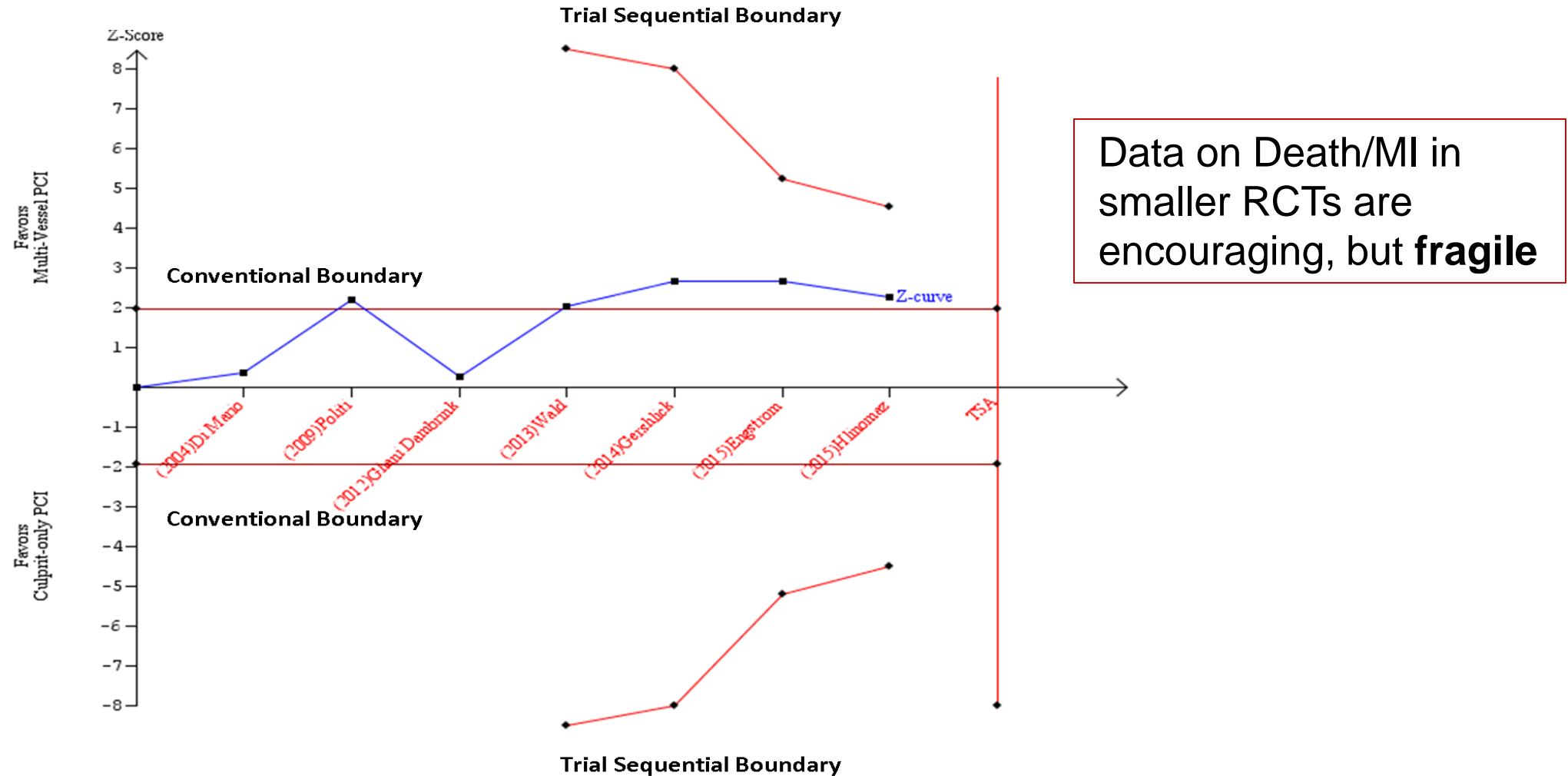
Coordinated by the Population Health Research Institute in Hamilton, Canada

Prior Trials of PCI versus Med Rx in Patients with STEMI and Multivessel Disease

Trial	Same-sitting or Staged	Sample Size
Di Mario 2004	Index	69
Politi 2009	Index or staged	149
Ghani 2012	Staged (FFR guided)	119
PRAMI 2013 ¹	Index	465
Cvlprit 2014 ²	Index or staged	296
DANAMI-3 2015 ³	Staged	627
PRAGUE 13	Staged	214
Explore	Staged (CTO)	300
COMPARE-ACUTE ⁴	Mainly index	885

1. Wald et al. *N Engl J Med* 2013;369:1115-23.
 2. Gershlick et al. *J Am Coll Cardiol* 2015;65:963-72.
 3. Engstrom et al. *Lancet* 2015;386:665-71.
 4. Smits et al. *N Engl J Med* 2017;376:1234-44.

RCT Sequential Meta-Analysis: Death or MI



COMPARE-ACUTE: Complete vs culprit only PCI for STEMI and Multivessel disease

Table 3. Prespecified Clinical End Points at 1 Year.

End Point	Complete Revascularization (N=295)	Infarct-Artery-Only Treatment (N=590)	Hazard Ratio (95% CI)	P Value
	<i>number (percent)</i>			
Primary				
MACCE*	23 (7.8)	121 (20.5)	0.35 (0.22–0.55)	<0.001
Death from any cause	4 (1.4)	10 (1.7)	0.80 (0.25–2.56)	0.70
Cardiac event	3 (1.0)	6 (1.0)	1.00 (0.25–4.01)	1.00
Myocardial infarction	7 (2.4)	28 (4.7)	0.50 (0.22–1.13)	0.10
Spontaneous event	5 (1.7)	17 (2.9)	0.59 (0.22–1.59)	0.29
Periprocedural event	2 (0.7)	11 (1.9)	0.36 (0.08–1.64)	0.19
Revascularization	18 (6.1)	103 (17.5)	0.32 (0.20–0.54)	<0.001
PCI	15 (5.1)	98 (16.6)	0.37 (0.24–0.57)	<0.001
Coronary-artery bypass graft	3 (1.0)	5 (0.8)	1.20 (0.29–5.02)	0.80
Cerebrovascular event	0	4 (0.7)	NA	NA



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Background

- Patients undergoing primary PCI to the culprit lesion for STEMI are often found to have multivessel CAD, with 1 or more angiographically significant non-culprit lesions.
- There is uncertainty on how best to manage these non-culprit lesions:
 - *Routinely revascularize them with PCI?*
 - *Manage them conservatively with guideline-directed medical therapy alone?*
- Prior RCT's have shown non-culprit lesion PCI reduces revascularization but none were powered to detect moderate reductions in hard clinical outcomes such as CV death or MI.¹⁻⁴
- Meta-analyses have suggested a possible reduction in CV death or MI, but this result is fragile and no single RCT has been adequately powered to confirm this.⁵

The COMPLETE trial was designed to address this evidence gap.

1. Wald et al. *N Engl J Med* 2013;369:1115-23.
2. Gershlick et al. *J Am Coll Cardiol* 2015;65:963-72.
3. Engstrom et al. *Lancet* 2015;386:665-71.
4. Smits et al. *N Engl J Med* 2017;376:1234-44.
5. Bainey et al. *Can J Cardiol* 2016;32:1542-51.



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Primary Objective

In patients presenting with STEMI and multi-vessel coronary artery disease who have undergone culprit-lesion PCI, the objective is:

To determine whether a strategy of routine, staged non-culprit lesion PCI with the goal of complete revascularization is superior to a strategy of culprit lesion-only PCI in reducing the composite of CV death or new MI.



COMPLETE Trial Design

STEMI WITH MULTIVESSEL CAD AND SUCCESSFUL PCI TO THE CULPRIT LESION

MVD defined as at least one additional non-culprit lesion ≥ 2.5 mm diameter and $\geq 70\%$ stenosis or 50-69% with FFR ≤ 0.80

Exclusion Criteria: Intent to revascularize NCL, planned surgical revascularization, prior CABG

RANDOMIZATION

Stratified for intended timing of NCL PCI:

During initial hospitalization or after discharge (max 45 d)

Actual Time to study NCL PCI in Complete Group (median)

During initial hospitalization: 1 day (IQR 1-3)

After hospital discharge: 23 days (IQR 12.5-33.5)

COMPLETE REVASCULARIZATION

Routine staged PCI* of all suitable non-culprit lesions with the goal of complete revascularization

N=2016

CULPRIT-LESION-ONLY REVASCULARIZATION

No further revascularization of non-culprit lesions, guideline-directed medical therapy alone

N=2025

*Everolimus-eluting stents strongly recommended

Guideline-Directed Medical Therapy

ASA, P2Y12 inhibitor (Ticagrelor strongly recommended), Statin, BB, ACE/ARB + Risk Factor Modification

MEDIAN FOLLOW-UP: 3 YEARS

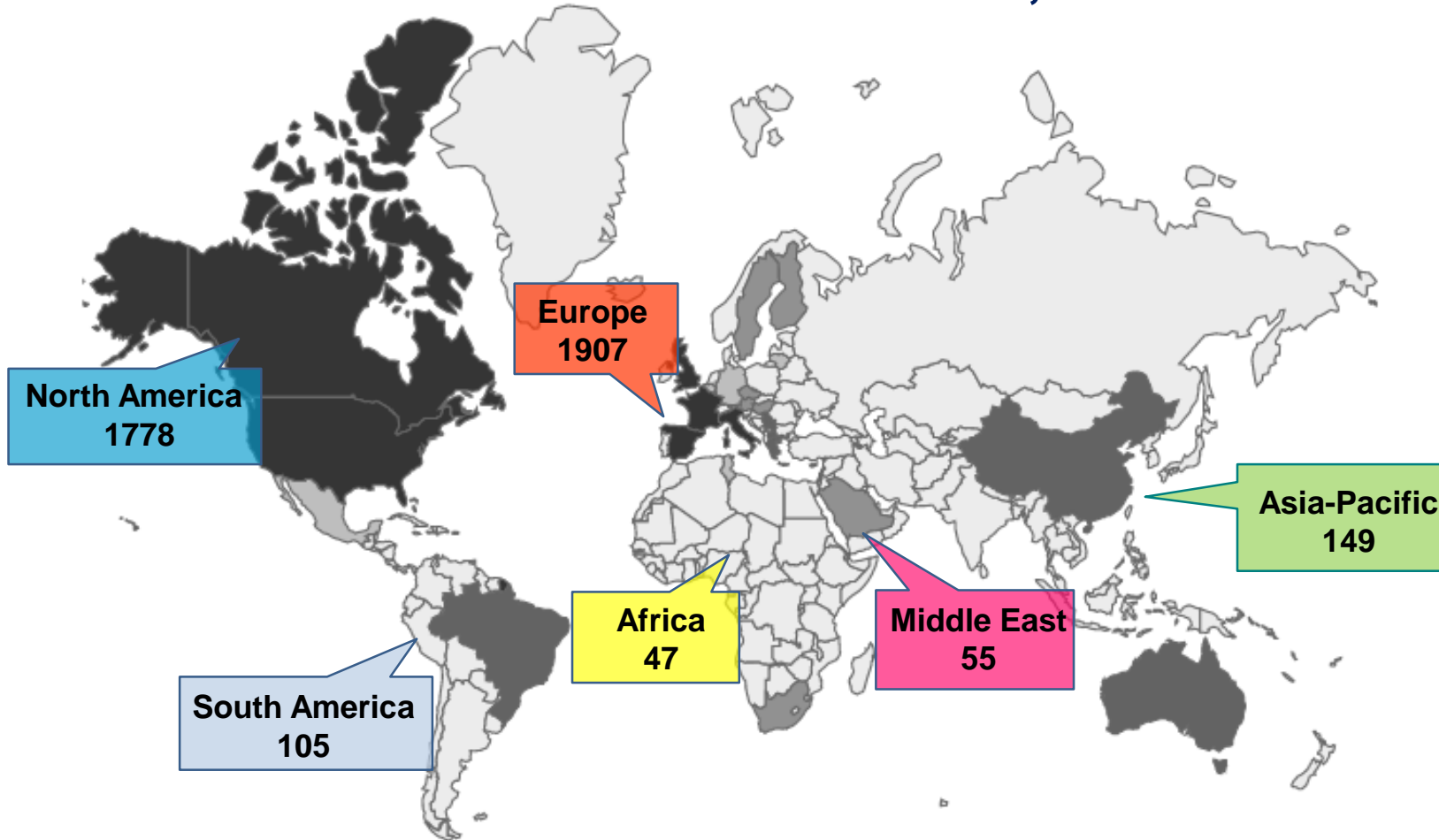
CO-PRIMARY OUTCOMES:

1. Composite of CV death or new MI
2. Composite of CV death, new MI or IDR

KEY SECONDARY OUTCOME: CV death, new MI, IDR, unstable angina, NYHA class IV heart failure

Global Recruitment

140 centers, 31 countries



- | | |
|-----------------------|-----------------------|
| <i>Australia</i> | <i>Lithuania</i> |
| <i>Austria</i> | <i>Macedonia</i> |
| <i>Belgium</i> | <i>Mexico</i> |
| <i>Brazil</i> | <i>Poland</i> |
| <i>Canada</i> | <i>Portugal</i> |
| <i>China</i> | <i>Romania</i> |
| <i>Colombia</i> | <i>Saudi Arabia</i> |
| <i>Czech Republic</i> | <i>Serbia</i> |
| <i>Finland</i> | <i>South Africa</i> |
| <i>France</i> | <i>Spain</i> |
| <i>Germany</i> | <i>Sweden</i> |
| <i>Greece</i> | <i>Switzerland</i> |
| <i>Hungary</i> | <i>Tunisia</i> |
| <i>Israel</i> | <i>United Kingdom</i> |
| <i>Italy</i> | <i>USA</i> |
| <i>Kuwait</i> | |

Study Power and Follow-up

- **Study Power:** 80% power for CVD/MI and 89% power for CVD/MI/IDR to detect a 22% HRR.
To preserve the overall type I error rate of 5% for the testing of both co-primary outcomes, the first co-primary outcome was tested at a P value of 0.045 and the second at a P value of 0.0119*
- **Recruitment Period:** February 1, 2013 – March 6, 2017
- **Angiographic Core Lab:** Central review of all coronary angiograms in the trial
- **Analysis:** Intention-to-treat, Cox proportional hazards model, stratified by intended timing of revascularization, stratified log rank test
- **Follow-up (vital status):** 99.1% in *Complete* group and 99.3% *Culprit-Lesion-only* group
- **Crossover in first 45 days:**
From *Complete Revasc* to *Culprit-Lesion-only* = 3.9%
From *Culprit-Lesion-only* to *Complete Revasc* = 4.7%



The NEW ENGLAND
JOURNAL of MEDICINE

ORIGINAL ARTICLE

Complete Revascularization with Multivessel PCI for Myocardial Infarction

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COMPLETE TRIAL

Baseline Characteristics

	Complete N=2016	Culprit-only N=2025		Complete N=2016	Culprit-only N=2025
Age (yrs)	61.6	62.4	Sx onset to Culprit PCI (%)		
Gender (% male)	80.5	79.1	<6 hours	69.4	67.1
Diabetes (%)	19.1	19.9	6~12 hours	16.1	17.7
Chronic renal insuff. (%)	2.0	2.3	>12 hours	14.5	15.3
Prior MI (%)	7.3	7.6	Discharge Meds (%)		
Current smoker (%)	40.6	38.9	ASA	99.8	99.5
Hypertension (%)	48.7	50.7	P2Y12 Inhibitor	99.4	99.7
Dyslipidemia (%)	37.9	39.4	Ticagrelor	64.4	63.3
Prior PCI (%)	7.0	7.0	Prasugrel	9.6	8.3
Prior stroke (%)	3.2	3.1	Clopidogrel	25.6	28.2
Hemoglobin A1C	6.3	6.3	Beta blocker	88.1	89.1
LDL (mmol/L)	3.1	3.1	ACEi/ARB	85.5	84.6
Creatinine (µmol/L)	84.7	85.2	Statin	98.2	97.2



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Procedural Characteristics

	Complete N=2016	Culprit-only N=2025
Index PCI for STEMI		
Primary	91.9%	93.1%
Pharmaco-invasive	3.2%	3.0%
Rescue	4.9%	3.9%
Radial access	80.8%	80.7%
Residual diseased vessels		
1	76.1%	77.1%
≥2	23.9%	22.9%
NCL location		
Left main	0.4%	0.1%
LAD	38.0%	41.2%
Proximal LAD	9.8%	10.4%
Mid LAD	21.7%	23.7%
Circumflex	36.4%	35.6%
RCA	25.3%	23.2%

	Complete N=2016	Culprit-only N=2025
NCL diameter	2.8 mm	2.9 mm
Mean NCL stenosis (visual)	79.3%	78.7%
NCL stenosis (visual)		
50-69% and FFR<0.80	0.8%	0.6%
70-79%	41.3%	45.1%
80-89%	33.5%	32.6%
90-99%	22.3%	19.7%
100%	2.1%	2.0%
SYNTAX score (Core Lab)		
Baseline	16.3	16.0
Culprit lesion specific	8.8	8.6
Non-culprit lesion specific	4.5	4.5
Residual (after index PCI)	7.2	7.0



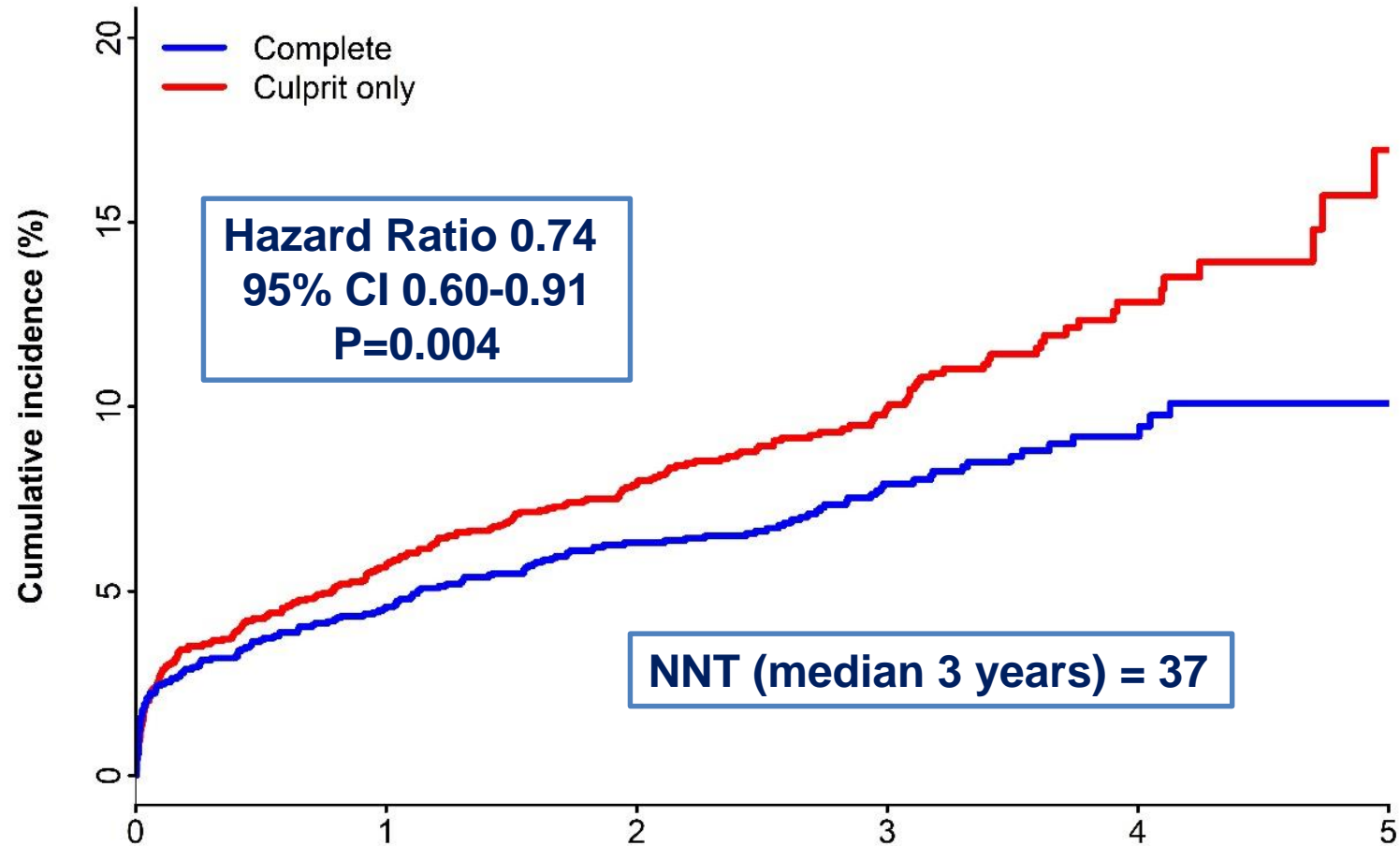
COMPLETE TRIAL

Procedural Characteristics

	Complete N=2016	Culprit-only N=2025		Complete N=2016	Culprit-only N=2025
Index PCI for STEMI			NCL diameter	2.8 mm	2.9 mm
Primary	91.9%	93.1%	Mean NCL stenosis (visual)	79.3%	78.7%
Pharmaco-i					
Rescue					0.6%
Radial access					45.1%
Residual diseased vessels					
1	76.1%	77.1%	70-79%	11.0%	11.0%
≥2	23.9%	22.9%	80-89%	33.5%	32.6%
NCL location			90-99%	22.3%	19.7%
Left main	0.4%	0.1%	100%	2.1%	2.0%
LAD	38.0%	41.2%	SYNTAX score (Core Lab)		
Proximal LAD	9.8%	10.4%	Baseline	16.3	16.0
Mid LAD	21.7%	23.7%	Culprit lesion specific	8.8	8.6
Circumflex	36.4%	35.6%	Non-culprit lesion specific	4.5	4.5
RCA	25.3%	23.2%	Residual (after index PCI)	7.2	7.0

Complete revascularization was achieved in 90.1% after NCL PCI (SYNTAX score = 0)

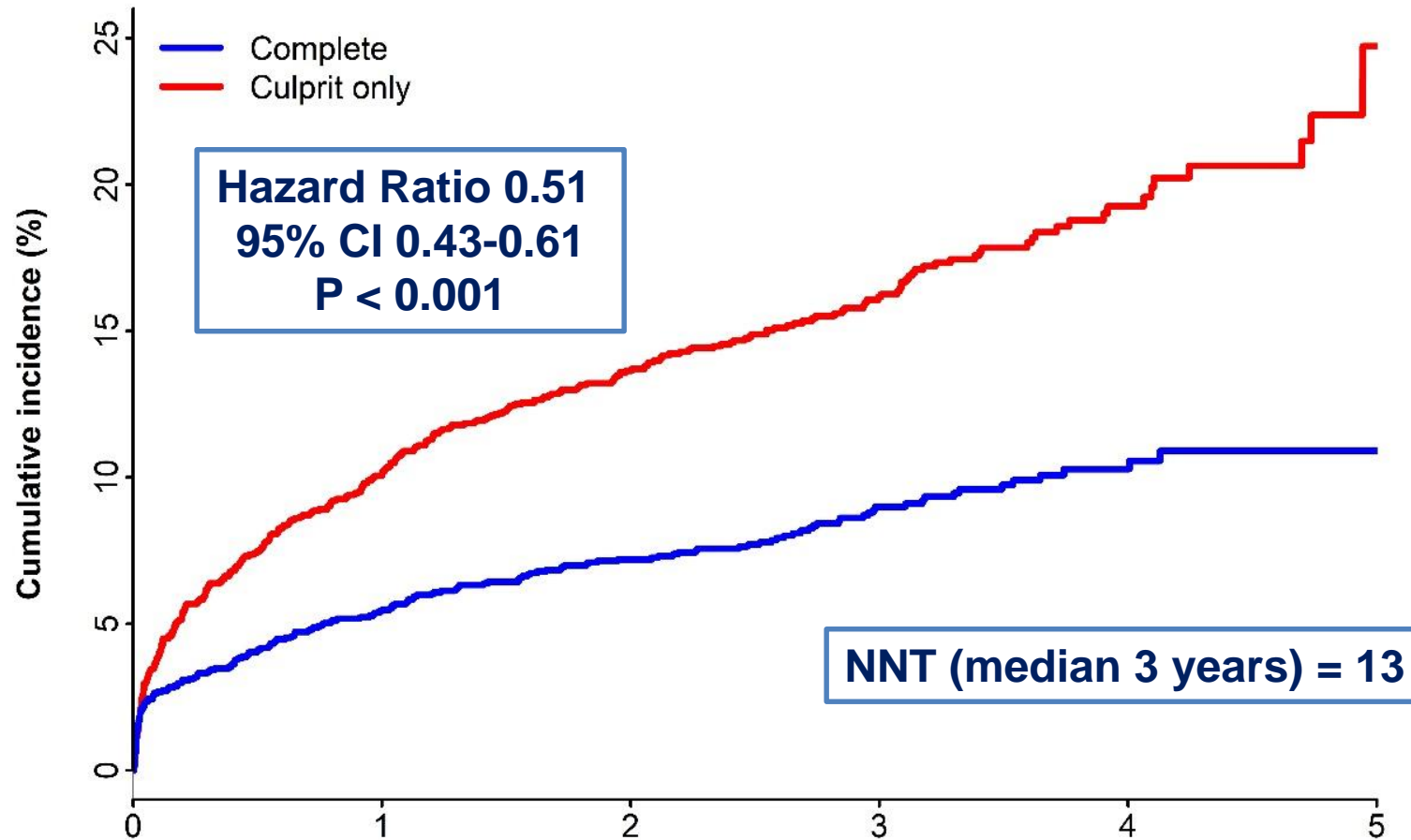
First Co-Primary Outcome: CV Death or New MI



No. at Risk

	Years of Follow-up					
	0	1	2	3	4	5
Complete	2016	1904	1677	938	337	70
Culprit only	2025	1897	1666	933	310	59

2nd Co-Primary Outcome: CV Death, New MI, or IDR



No. at Risk

	Years of Follow-up					
	0	1	2	3	4	5
Complete	2016	1886	1659	925	329	66
Culprit only	2025	1808	1559	865	294	57



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Efficacy Outcomes

	Complete Revasc. N=2016		Culprit Lesion Only N=2025		HR (95% CI)	P value
	N (%)	%/year	N (%)	%/year		
Co-Primary Outcomes						
CV death or MI	158 (7.8)	2.7	213 (10.5)	3.7	0.74 (0.60-0.91)	0.004
CV death, MI or IDR	179 (8.9)	3.1	339 (16.7)	6.2	0.51 (0.43-0.61)	<0.001
Key Secondary Outcome						
CV death, MI, IDR, unstable angina or class IV HF	272 (13.5)	4.9	426 (21.0)	8.1	0.62 (0.53-0.72)	<0.001
Other Secondary Outcomes						
MI	109 (5.4)	1.9	160 (7.9)	2.8	0.68 (0.53-0.86)	0.002
IDR	29 (1.4)	0.5	160 (7.9)	2.8	0.18 (0.12-0.26)	<0.001
Unstable Angina	70 (3.5)	1.2	130 (6.4)	2.2	0.53 (0.40-0.71)	<0.001
CV death	59 (2.9)	1.0	64 (3.2)	1.0	0.93 (0.65-1.32)	0.68
All-cause Death	96 (4.8)	1.6	106 (5.2)	1.7	0.91 (0.69-1.20)	0.51



Sub-types of MI

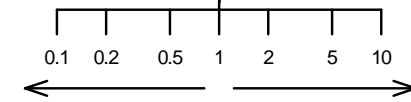
	Complete Revasc. N=2016		Culprit Lesion Only N=2025		HR (95% CI)
	N (%)	%/year	N (%)	%/year	
Subtype of MI					
NSTEMI	66 (3.27)	1.11	105 (5.19)	1.78	0.63 (0.46-0.85)
STEMI	43 (2.13)	0.72	53 (2.62)	0.88	0.81 (0.54-1.22)
Universal MI Definition					
Type 1	63 (3.13)	1.05	128 (6.32)	2.17	0.49 (0.36-0.66)
Type 2	16 (0.79)	0.26	13 (0.64)	0.21	1.24 (0.60-2.58)
Type 3	4 (0.20)	0.07	1 (0.05)	0.02	4.04 (0.45-36.17)
Type 4a	16 (0.79)	0.27	8 (0.40)	0.13	2.01 (0.86-4.70)
Type 4b	8 (0.40)	0.13	13 (0.64)	0.21	0.62 (0.26-1.49)
Type 5	1 (0.05)	0.02	1 (0.05)	0.02	1.00 (0.06-15.92)

Timing of Non-Culprit Lesion PCI: During or After Index Hospitalization



Actual Median Time to study NCL PCI in Complete Group
 During initial hospitalization: **1 day** (IQR 1-3); **After Hospital Discharge: 23 days** (IQR 12.5-33.5)

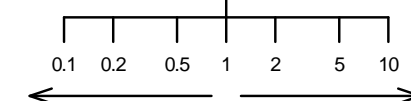
CV death or New MI

	Complete <i>no. of events/total no. (%/yr)</i>	Culprit Only		HR (95% CI)	Interaction P
Intent to perform non-culprit lesion PCI					0.62
During initial hospitalization	101/1353 (2.7)	130/1349 (3.5)		0.77 (0.59-1.00)	
After initial hospitalization	57/663 (2.7)	83/676 (3.9)		0.69 (0.49-0.97)	


 Complete better Culprit only better

CV death, New MI, or IDR

	Complete <i>no. of events/total no. (%/yr)</i>	Culprit Only		HR (95% CI)	Interaction P
Intent to perform non-culprit lesion PCI					0.27
During initial hospitalization	113/1353 (3.0)	227/1349 (6.6)		0.47 (0.38-0.59)	
After initial hospitalization	66/663 (3.1)	112/676 (5.4)		0.59 (0.43-0.79)	


 Complete better Culprit only better

Timing Analysis: Baseline Characteristics

Characteristic	Intended timing of complete revascularization		P value
	Index hospitalization (N=2702)	After discharge (N=1339)	
Actual complete revascularization	1353 (50.1)	663 (49.5)	
Age – year	62.2±10.7	61.7±10.7	0.18
Gender (male)	2151 (79.6)	1074 (80.2)	0.65
Diabetes	552 (20.4)	235 (17.6)	0.03
Chronic renal insufficiency	61/2586 (2.4)	20/1201 (1.7)	0.17
Prior stroke	88 (3.3)	38 (2.8)	0.47
Body mass index (BMI) – kg/m²	28.3±5.6	28.3±5.0	0.97
Prior myocardial infarction	188 (7.0)	114 (8.5)	0.08
Prior PCI	184 (6.8)	99 (7.4)	0.49
Time from symptom onset to primary PCI			0.34
• <6 hours	1821/2678(68.0)	903/1316 (68.6)	
• 6-12 hours	468/2678(17.5)	208/1316 (15.8)	
• >12 hours	389/2678(14.5)	205/1316 (15.6)	
Killip class ≥2	293/2674 (11.0)	137/1317 (10.4)	0.59



COMPLETE TRIAL

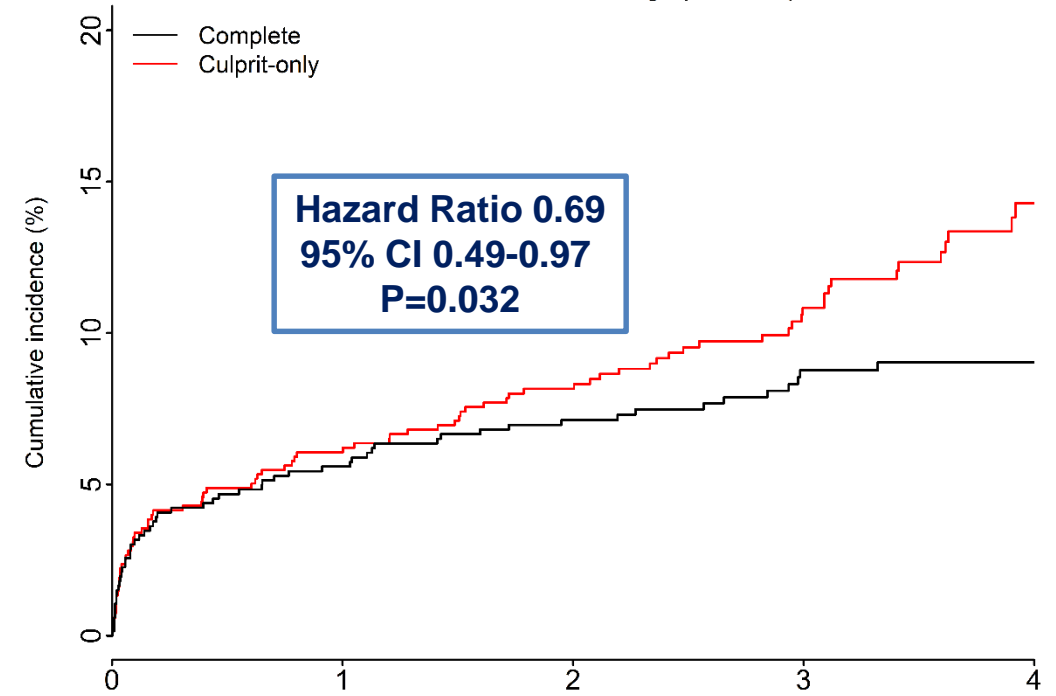
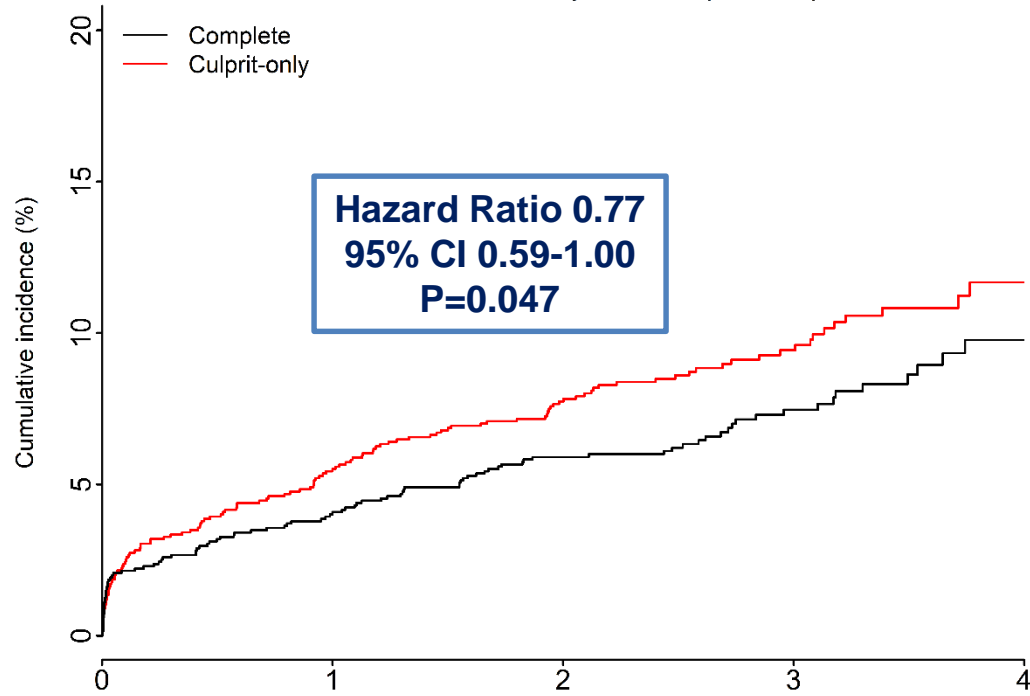
Timing Analysis: Procedural Characteristics

Characteristic	Intended timing of complete revascularization		P-value
	Index hospitalization (N=2702)	After discharge (N=1339)	
SYNTAX score			
• Baseline (including STEMI culprit)	16.1±6.8	16.4±6.6	0.12
• Residual (after index PCI)	7.1±4.8	7.2±4.8	0.48
• Lesion specific (STEMI culprit)	8.6±5.3	8.9±5.3	0.04
• Lesion specific (Non-culprit)	4.5±2.7	4.7±2.7	0.04
• Post NCL lesion PCI=0 (Complete revascularization achieved)	1095/1200 (91.3)	525/598 (87.8)	0.02
Non-culprit lesions location			
• Left main	7/3543 (0.2)	6/1812 (0.3)	0.77
• Left anterior descending	1379/3543 (38.9)	738/1812 (40.7)	0.20
• Circumflex	1293/3543 (36.5)	633/1812 (34.9)	0.26
• Right coronary artery	864/3543 (24.4)	435/1812 (24.0)	0.83
Non-culprit lesion diameter stenosis			
• 50-69%	28/3468 (0.8)	9/1720 (0.5)	0.12
• 70-79%	1435/3468 (41.4)	805/1720 (46.8)	
• 80-89%	1214/3468 (35.0)	500/1720 (29.1)	
• 90-99%	734/3468 (21.2)	357/1720 (20.8)	
• 100%	57/3468 (1.6)	49/1720 (2.8)	
Index procedure for STEMI			
• Primary PCI	2479 (91.7)	1259 (94.0)	0.01
• Pharmaco-invasive PCI	87 (3.2)	38 (2.8)	0.51
• Rescue PCI	136 (5.0)	42 (3.1)	0.006
Radial access	2143 (79.3)	1120 (83.6)	0.001
Thrombus aspiration	609/2573 (23.7)	323/1166 (27.7)	0.008

Timing Analysis: First Co-Primary Outcome CV Death or new MI

Index Hospitalization

After Discharge

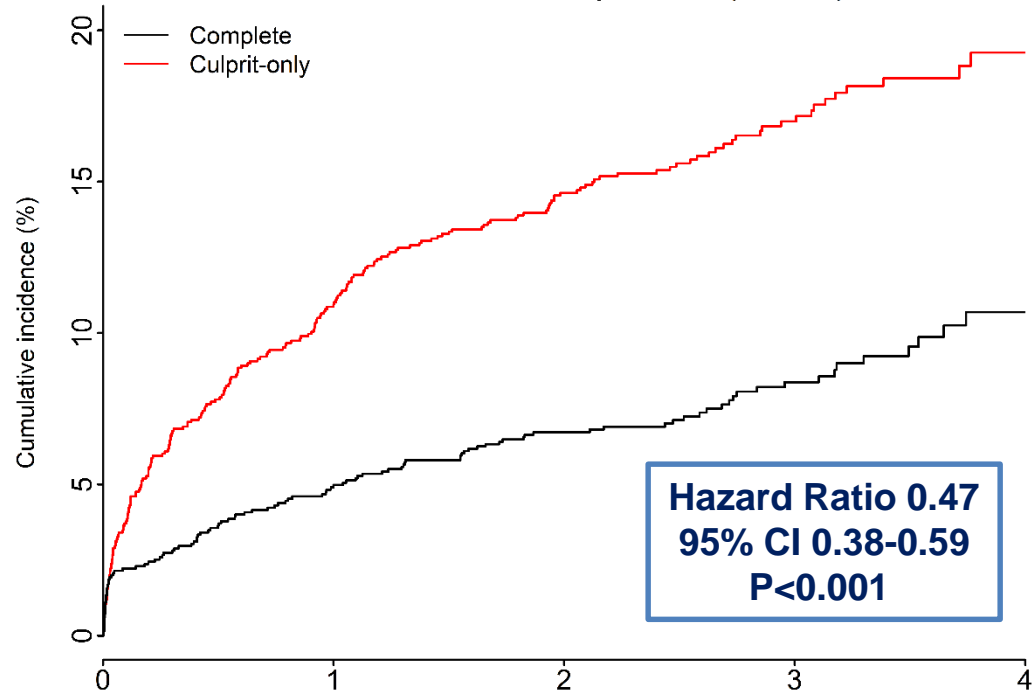


No. at Risk	Years of Follow-up from randomization				
	0	1	2	3	4
Complete	1353	1282	1104	539	151
Culprit-only	1349	1262	1092	540	143

No. at Risk	Years of Follow-up from randomization				
	0	1	2	3	4
Complete	663	622	573	399	186
Culprit-only	676	635	574	393	167

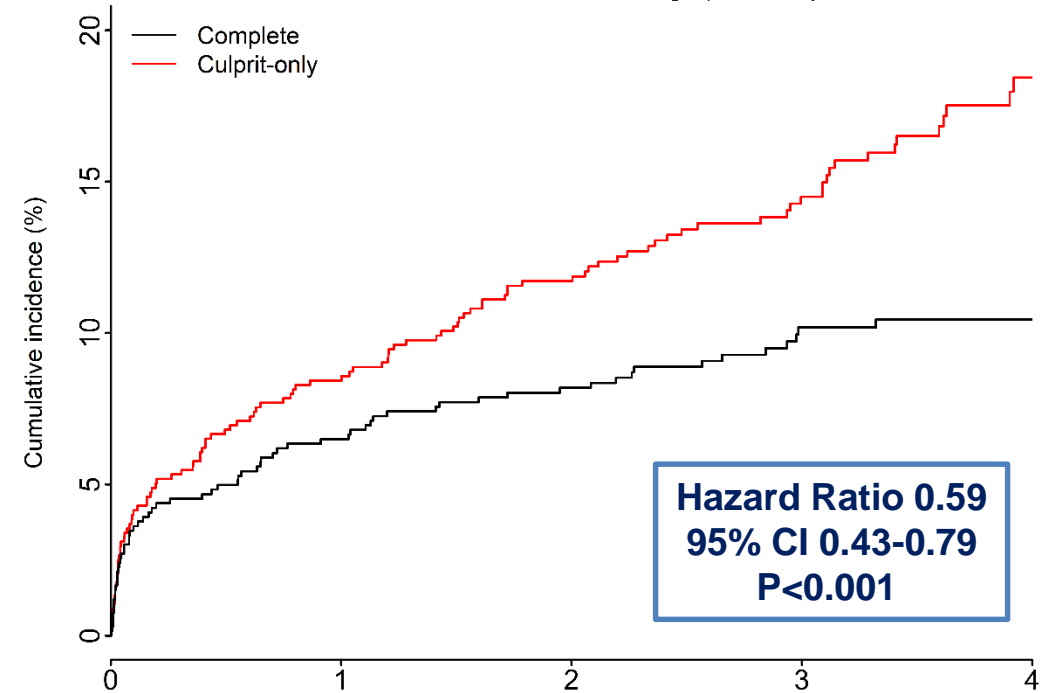
Timing Analysis: Second Co-Primary Outcome CV death, MI or IDR

Index Hospitalization



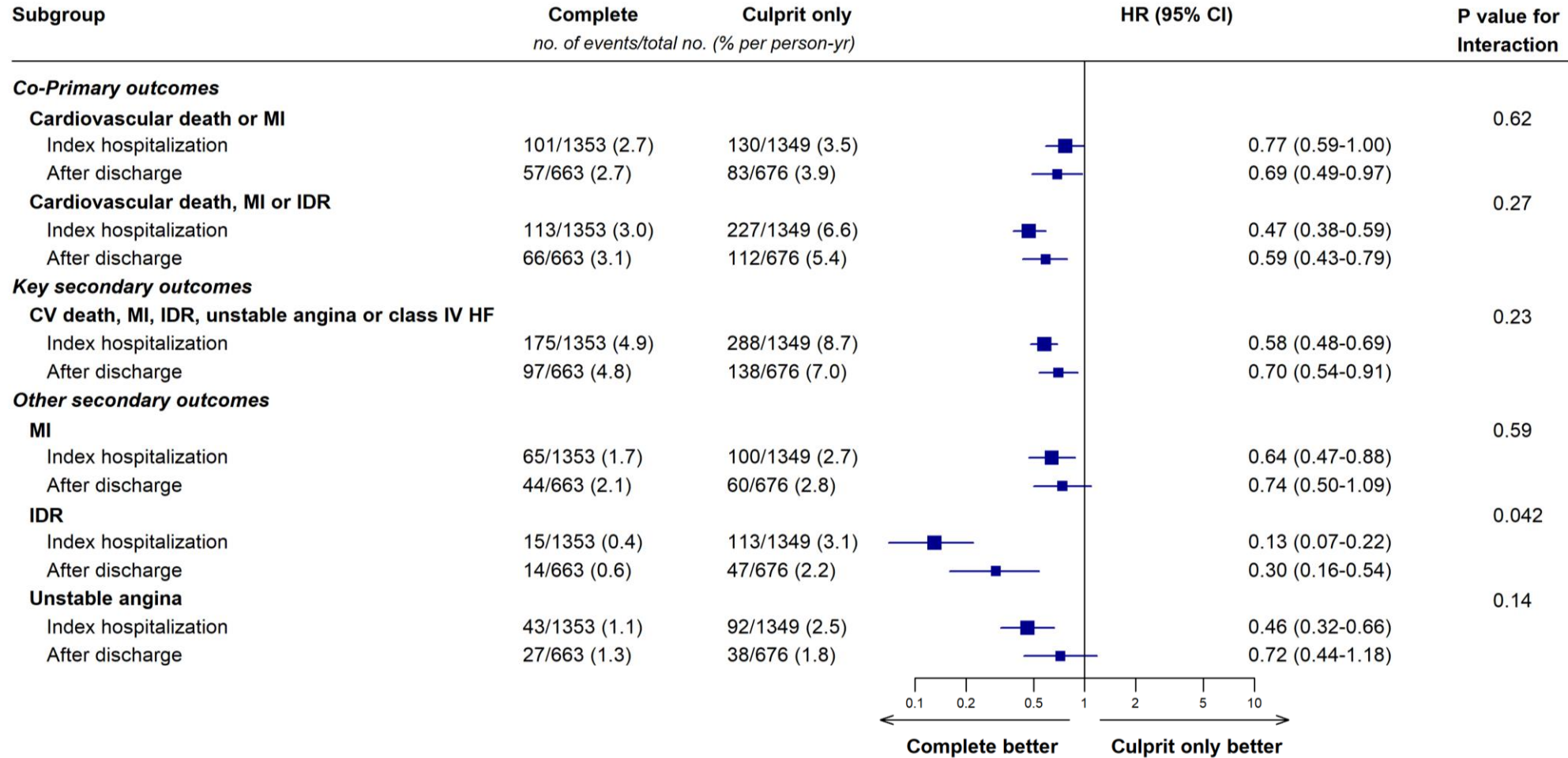
No. at Risk	Years of Follow-up from randomization				
	0	1	2	3	4
Complete	1353	1270	1093	533	149
Culprit-only	1349	1189	1008	489	132

After Discharge

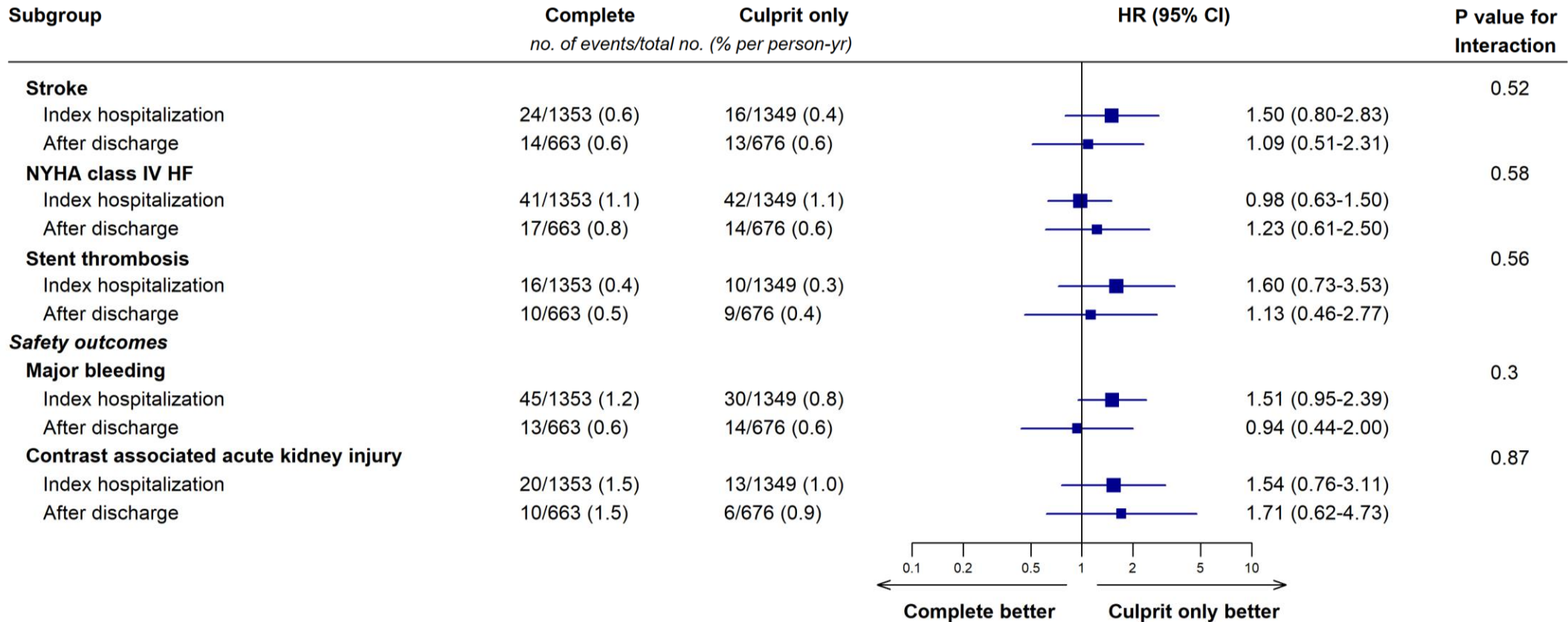


No. at Risk	Years of Follow-up from randomization				
	0	1	2	3	4
Complete	663	616	566	392	180
Culprit-only	676	619	551	376	162

Timing Analysis: Efficacy Outcomes According to Timing of NCL PCI

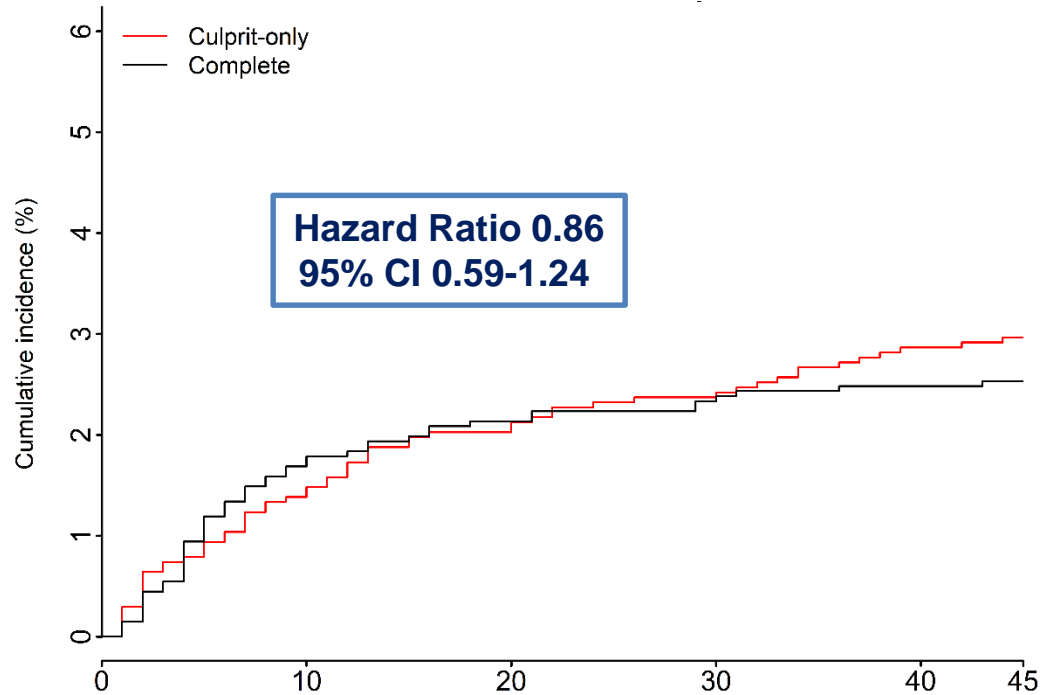


Timing Analysis: Safety Outcomes According to Timing of NCL PCI



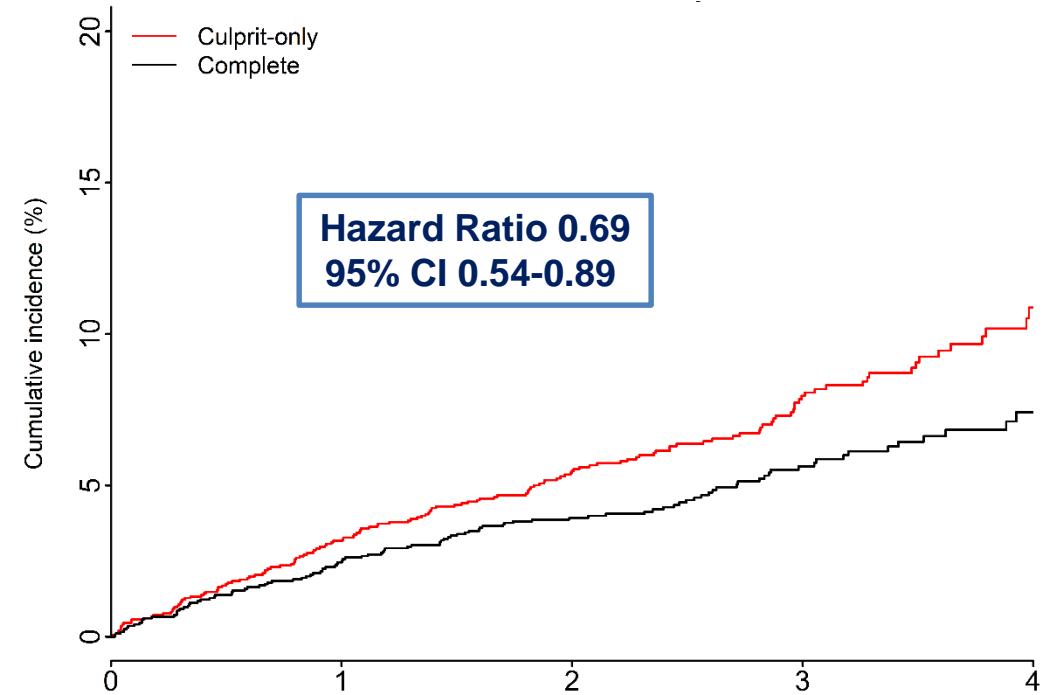
Landmark Analysis Before and After 45 days CV Death or New MI

Randomization to 45 Days



No. at Risk	Days of Follow-up from randomization					
Culprit-only	2025	1995	1982	1975	1964	1961
Complete	2016	1979	1970	1966	1963	1962

>45 days to Study End

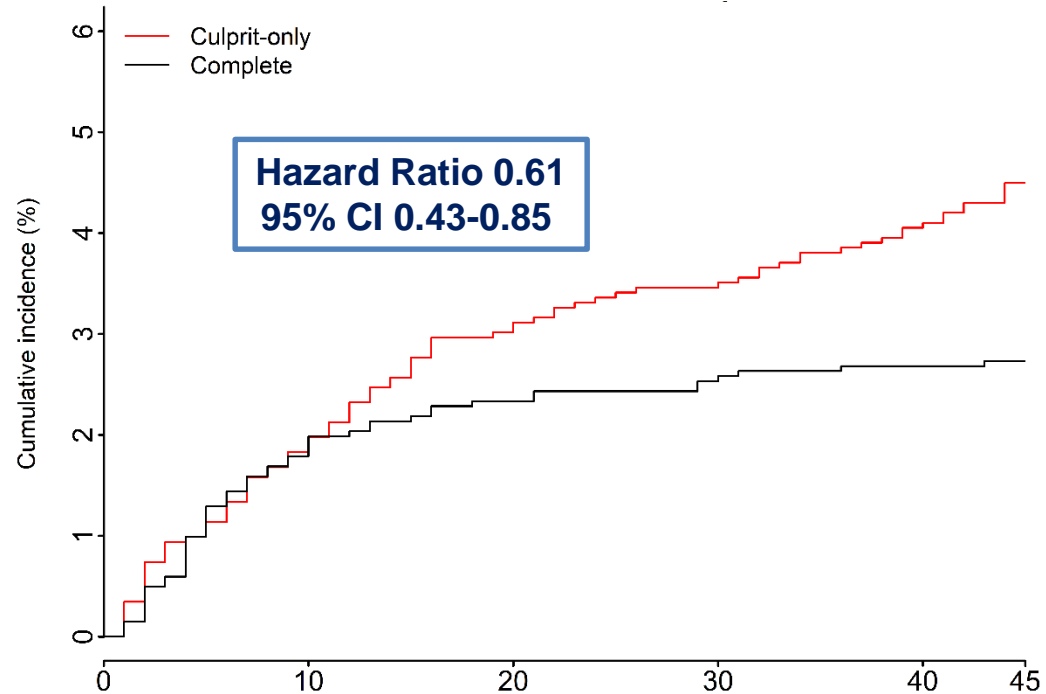


No. at Risk	Years of Follow-up from 45 days				
Culprit-only	1961	1883	1537	834	244
Complete	1962	1892	1568	842	274

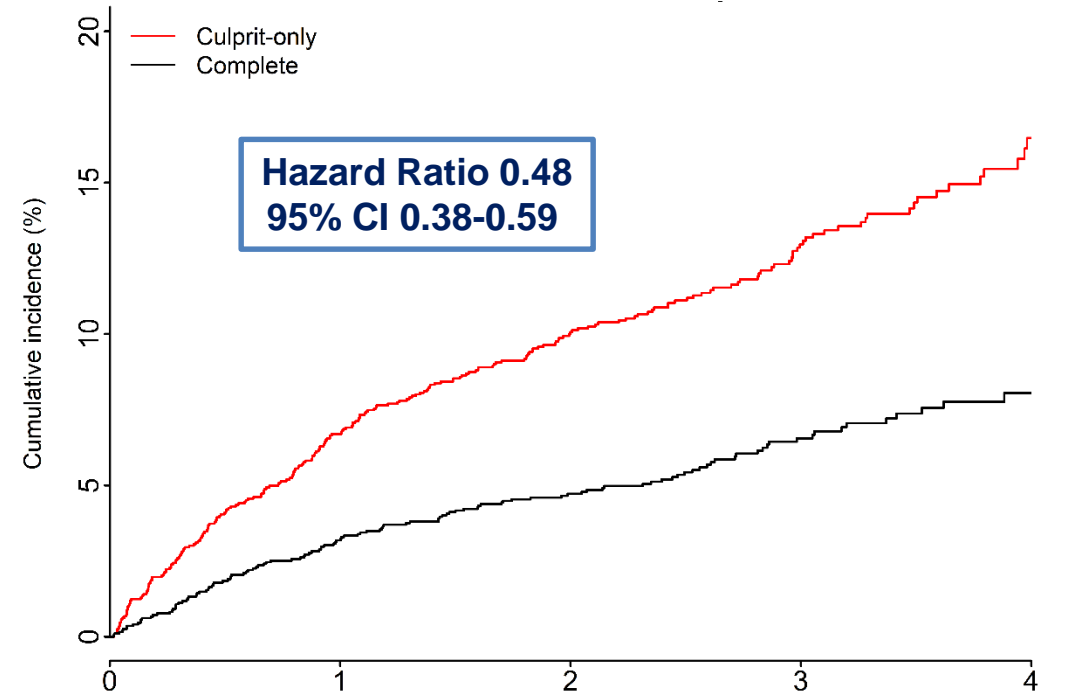
Landmark Analysis Before and After 45 days CV Death, new MI or IDR

Randomization to 45 Days

>45 days to Study End



No. at Risk		Days of Follow-up from randomization					
		0	10	20	30	40	45
Culprit-only	2025	1986	1962	1953	1940	1930	
Complete	2016	1977	1966	1962	1959	1958	

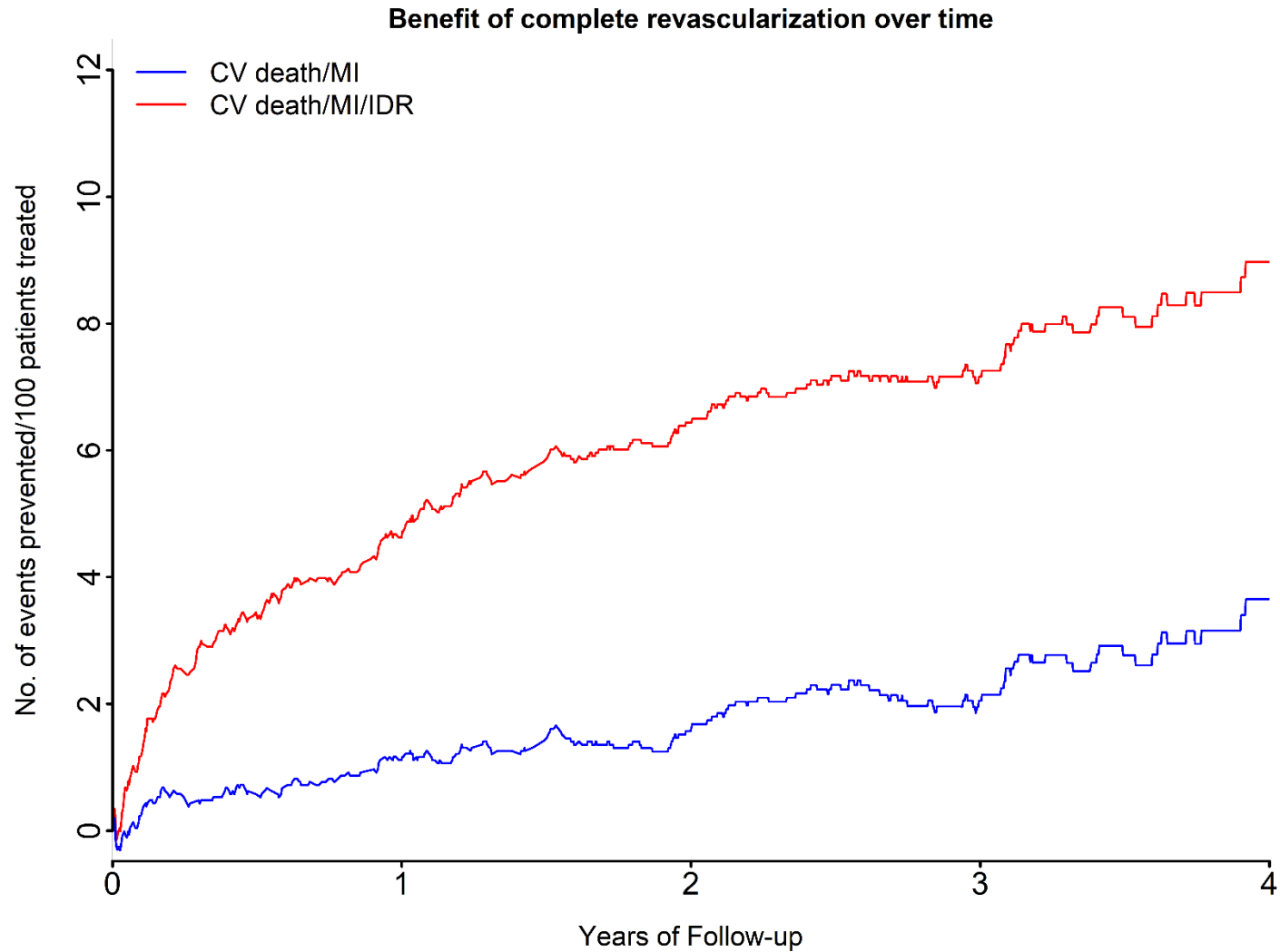


No. at Risk		Years of Follow-up from 45 days				
		0	1	2	3	4
Culprit-only	1930	1786	1438	774	230	
Complete	1958	1874	1550	829	267	



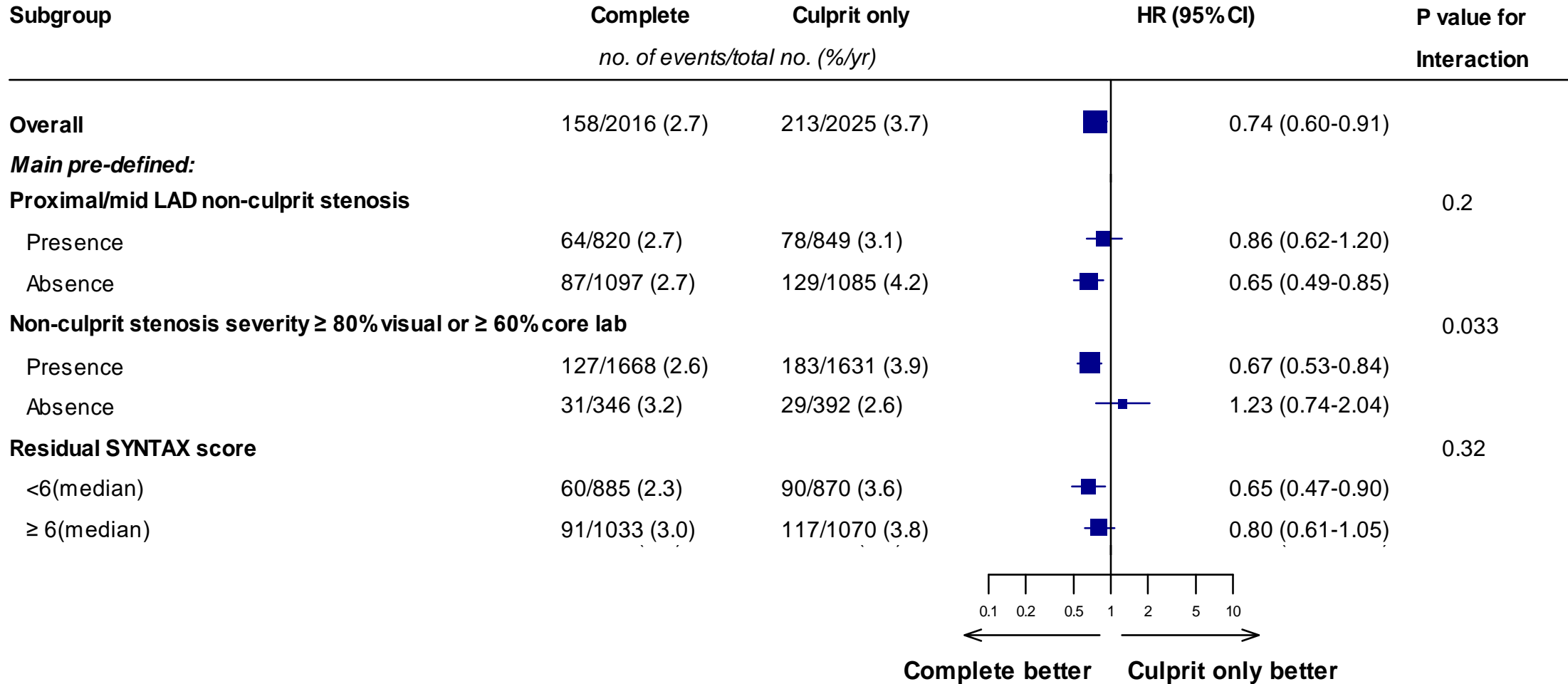
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Absolute Difference in Events Prevented over Time



Main Pre-Defined Subgroup Analyses

CV death/MI



Safety and Other Outcomes

	Complete Revasc. N=2016		Culprit Lesion Only N=2025		HR (95% CI)	P value
	N (%)	%/year	N (%)	%/year		
Stroke	38 (1.9)	0.6	29 (1.4)	0.5	1.31 (0.81-2.13)	0.27
Stent thrombosis	26 (1.3)	0.4	19 (0.9)	0.3	1.38 (0.76-2.49)	0.28
All cause death or new MI	194 (9.6)	3.3	251 (12.4)	4.3	0.77 (0.64-0.93)	0.006
Major bleeding	58 (2.9)	1.0	44 (2.2)	0.7	1.33 (0.90-1.97)	0.15
Contrast-associated acute kidney injury*	30 (1.5)	-	19 (0.9)	-	1.59 (0.89-2.84)	0.11
NYHA class IV heart failure	58 (2.9)	1.0	56 (2.8)	0.9	1.04 (0.72-1.50)	0.83
Clinically non-significant bleeding	32 (1.6)	0.5	27 (1.3)	0.4	1.19 (0.71-1.99)	0.50

* There were 7 vs 0 patients with AKI associated with complete revasc during index hospitalization



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Conclusions

In patients with STEMI and multi-vessel coronary artery disease:

- Compared with culprit-lesion-only PCI, routine non-culprit lesion PCI with the goal of complete revascularization:
 - **Reduced CV death or new MI by 26%** ($P=0.004$), NNT = 37
 - **Reduced CV death, new MI or IDR by 49%** ($P<0.001$), NNT = 13
- The benefit of complete revascularization was similar in those undergoing non-culprit lesion PCI during the index hospitalization (median 1 day) and several weeks after hospital discharge (median 3 weeks).
- The benefit of complete revascularization on hard outcomes (CV death or MI) emerges mainly over the long term (>45 days).
- There were no significant differences in bleeding, stent thrombosis, AKI or stroke.



Population Health
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HEALTH THROUGH KNOWLEDGE

Mehta SR et al. *N Engl J Med* 2019; 381:1411-1421
Wood DA et al. *J Am Coll Cardiol* 2019; 74, 22





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